

# CHILD &

## Youth Care Worker

### Course Overview

A Child and Youth Care Worker contributes to the provision of holistic therapeutic care, and supports the development of children and youth in order to ensure the appropriate development of individuals through the application of professional life space interventions.

**This qualification is made up of the following compulsory knowledge and practical skills module:**

#### Knowledge Modules

- 1.263508000-KM-01, Fundamentals of Human Development, Level 5, 4 Credits.
  - 2.263508000-KM-02, Theories and Methodologies of Child and Youth care work, Level 5, 21 Credits.
  3. 263508000-KM-03, Self-Reflective Practices, Level 4, 9 Credits.
  4. 263508000-KM-04, Developmental Assessment Practices, Level 5, 7 Credits.
  5. 263508000-KM-05, Legislative Framework relevant to Child and Youth Care, Level 5, 7 Credits.
  6. 263508000-KM-06, Supervision and Administration, Level 5, 7 Credits.
- Total number of credits for Knowledge Modules: 55.

#### 📋 Practical Skill Modules:

1. 263508000-PM-01, Provide physical care, Level 5, 8 Credits.
  2. 263508000-PM-02, Provide social and emotional care, Level 5, 5 Credits.
  3. 263508000-PM-03, Interpret and respond in a helpful manner to behaviour of children and youth in terms of their needs, Level 5, 5 Credits.
  4. 263508000-PM-04, Respond appropriately to actual and potentially physically violent assaultive behaviour to contain the situation and ensure safety of people and property, Level 6, 4 Credits.
  5. 263508000-PM-05, Intervene in the daily activities of children and youth to realise developmental and therapeutic goals, Level 4, 4 Credits.
  6. 263508000-PM-06, Apply the principles of the developmental approach, Level 5, 3 Credits.
  7. 263508000-PM-07, Apply restorative processes within the environment, Level 5, 2 Credits.
  8. 263508000-PM-08, Effectively observe, record and report behaviours and interactions within a specified framework, Level 4, 2 Credits.
  9. 263508000-PM-09, Participate in the design, implementation and evaluation of programmes and activities within a variety of contexts, Level 5, 6 Credits.
- Total number of credits for Practical Skill Modules: 39.

**This qualification also requires the following Work Experience Modules:**

1. 263508000-WM-01, Provide holistic developmental care, Level 5, 12 Credits.
2. 263508000-WM-02, Manage behaviour within the child and youth care context, Level 5, 12 Credits.
3. 263508000-WM-03, Implement life space work and conduct life space counselling, Level 5, 12 Credits.
4. 263508000-WM-04, Maintain planned environments for child and youth care work, Level 5, 12 Credits.
6. 263508000-WM-05, Conduct developmental assessments for children and youth, Level 6, 12 Credits.
7. 263508000-WM-06, Implement programmes and activities to deal with identified developmental needs of children and youth, Level 5, 12 Credits.
8. 263508000-WM-07, Advocate for the rights of children and youth, Level 4, 12 Credits.
9. 263508000-WM-08, Manage the administration child and youth care work, Level 4, 12 Credits.

Total number of credits for Work Experience Modules: 96.

**A qualified learner will be able to:**

- Provide holistic, basic and developmental care for orphaned, vulnerable and at risk children and youth.
- Apply behavior management and support techniques in routine child and youth care contexts.
- Implement life space work and life space counseling.
- Maintain planned environments in child and youth care work.
- Participate in developmental assessment of children and youth.
- Assist with the implementation of programmes and activities to deal with identified needs.
- Advocate for the rights of children and youth.
- Undertake basic Child and Youth care administration.

**Exit Level Outcomes**

- Identify, assess and meet the holistic (physical, emotional, social, cognitive, spiritual) needs of children and youth at different stages of their development.
- Manage the total environment to create a developmental and therapeutic milieu.
- Take action to improve self-awareness and personal performance as a child and youth care worker.
- Identify key developmental areas and participate constructively in a multi-disciplinary team to compile and implement the individual development plan within the life space of children and youth.

## **What is a Child and Youth Care Worker**

A Child & Youth Care Worker's main job is the protection of young people. Child and Youth Care Workers counsel young children and teenagers who have been subjected to neglect and various forms of abuse (emotional, physical, sexual) and have/or come from dysfunctional families.

They also provide developmental and therapeutic programmes to assist young people in need.

In certain situations, they may also be brought in as a mediator.

## **What does a Child & Youth Care Worker do?**

- meets with young client and families to discuss problems
- interviews and collects information
- analyses this information
- designs programmes to help them reach their goals
- monitors success of programmes
- organises life skill workshops
- keeps in contact with healthcare professionals, teachers, community leaders etc
- provides crisis intervention if required
- provides records for courts / legal proceedings
- sources emergency shelter when required
- keeps in contact with the law and order officials

## **Are you . . . ?**

- passionate about working with children?
- caring?
- dedicated?
- a hard worker?
- emotionally stable?
- a person with a positive attitude?
- a motivator?
- understanding?
- a good communicator?
- a good listener?

## **Admission Requirements**

Grade 12 certificate (NQF 4) or equivalent

## **Documents Required**

- Certified Matric certificate
- Certified Statement of results
- 2 X Certified ID copy
- Proof of address
- Proof of payment
- Completed application forms

## **Registration Intake**

January and July

## **Certification**

Learners who have passed National Examination will be awarded Certificate: Child and Youth Care Worker by Quality Council for Trades & Occupations.

## **Course Duration**

12 months with Theory, Practical and Workplace training components

## **Examination**

Learners write national exams upon completion of the course, Exams are written in March and October / November every year.